Ergonomics Team Recap Exercise

What is the basic definition of industrial ergonomics?

- Design the __________ to fit the ________________, not the ________________ to fit the ________________

What are the three main risk factors?

- Excessive ______________________
- Awkward ______________________
- High ______________________

How do we prioritize solutions?

1. E ______________________
2. E ______________________
3. A ______________________
4. T ______________________

What is the overall goal of this team?

- Ongoing ______________________
Our safety evaluations, reports and recommendations are made solely to assist your organization in reducing hazards and the potential of hazards and accidents. These recommendations were developed from conditions observed and information provided at the time of our visit. They do not attempt to identify every possible loss potential, hazard or risk, nor do they guarantee that workplace accidents will be prevented. These safety evaluations, reports and recommendations are not a substitute for ongoing, well-researched internal safety and risk management programs. This report does not warrant that the property inspected and its operations are compliant with any law, rule or regulation.

Answers:

What is the basic definition of industrial ergonomics?

- Design the job to fit the worker, not the worker to fit the job.

What are the three main risk factors?

- Excessive force
- Awkward postures
- High repetition

How do we prioritize solutions?

1. Elimination
2. Engineering
3. Administrative (rotate, team lift, stretching)
4. Training

What is the overall goal of this team?

- Ongoing process improvement